



**CAP COLLEGE FOUNDATION, INC.**  
**The Distance Learning Alternative System**  
**Course Curriculum**

**Bachelor of Arts major in History**

(Per CMO No. 38, Series of 2017)

**FOUNDATION COURSES for Non-SHS Graduate (18 units)**

Eng 1	Basic Communication Arts & Skills	Soc 1	Soc-Anthro
Psy 1	General Psychology	Eng 2	Inter Communication Arts and Skills
Eco 1	Introduction to Economics	Nat 1	Intro to Natural Science

FIRST TERM			SECOND TERM		
CODE	DESCRIPTIVE TITLE	Units	CODE	DESCRIPTIVE TITLE	Units
GE 101	Understanding the Self	3	GE 104	Mathematics in the Modern World	3
GE 102	Readings in Philippine History	3	GE 105	Purposive Communication	3
GE 103	The Contemporary World	3	GE 106	Art Appreciation	3
HCC 101	Intro to the Study & Writing of History	3	HCC 103	Philosophy of History	3
HCC 102	Historical Methodology	3	HCC 104	Survey of Asian Civilization	3
P.E. 1	Physical Education 1	2	P.E. 2	Physical Education 2	2
NSTP 1	CWTS 1	(3)	NSTP 2	CWTS 2	(3)
		<u>20</u>			<u>20</u>

THIRD TERM			FOURTH TERM		
CODE	DESCRIPTIVE TITLE	Units	CODE	DESCRIPTIVE TITLE	Units
GE 107	Science, Technology & Society	3	GE 109	The Life & Works of Jose Rizal	3
GE 108	Ethics	3	HCC 107	Spanish 2	3
HCC 105	Survey of Western Civilization	3	HMC 102	History of the United States	3
HCC 106	Spanish 1	3	HMT 101	Nationalism & Revolution	3
HMC 101	Island Southeast Asia	3	GElec 101	Filipino 1	3
P.E. 3	Physical Education 3	2	P.E. 4	Physical Education 4	2
		<u>17</u>			<u>17</u>

FIFTH TERM			SIXTH TERM		
CODE	DESCRIPTIVE TITLE	Units	CODE	DESCRIPTIVE TITLE	Units
GElec102	Filipino 2	3	GElec103	Filipino 3	3
HCC 108	Spanish 3	3	HCC 109	Spanish 4	3
HMT 102	Philippine Social History	3	HCE 101	Thesis Writing 1: Methodology	3
HMC 103	Modern East Asia	3	Lit 101	Philippine Literature	3
		<u>12</u>			<u>12</u>

SEVENTH TERM			EIGHTH TERM		
CODE	DESCRIPTIVE TITLE	Units	CODE	DESCRIPTIVE TITLE	Units
HCE 102	Thesis Writing 2: Research Output	3	HCE 103	Internship: Practicum (600Hrs)	6
HMT 103	Diplomatic History of the Phil.	3			<u>6</u>
Lit 102	World Literature	3			
		<u>9</u>			